

Physical Development & Movement Experiences Series Session - III

**INSIDE, OUTSIDE, UPSIDE-DOWN: CONNECTING MOVEMENT TO TEACHING & LEARNING**

### Today's Objectives

**EXPLORE**      **UNDERSTAND**

Explore strategies to increase the connection of physical activity and 21st Century Skills.

Understand ways to continue to support the development of children through planning.

### Our presenter

**Toni Cacace-Beshears**  
SPL Treasurer and Board member  
Retired CEO, Children's Harbor  
Adjunct Professor Tidewater Community College

The Source for Learning - ECC Initiatives

### What is curriculum and curriculum planning?

- No singular curriculum
- Many Early Childhood Curricula
- Movement education contributes to lifelong movers
- Online resources available (Virginia Foundation Blocks for Health and Physical Activity, and the Milestones of Child Development)

### Ways to Promote 21<sup>st</sup> Century Skills in the classroom

**Critical Thinking** (problem solving)

**Creativity**

**Communication**

**Collaboration**

### Planning Movement in Other Curricular Domains



### Planning Movement in Other Curricular Domains

Using the Foundation Blocks – Have children walk, run, jump hop or gallop.

### Planning Movement in Other Curricular Domains

- Social Emotional
- Social Studies
- Math, Language & Science
- Creativity
- Communication



### Social Emotional



### Social Studies

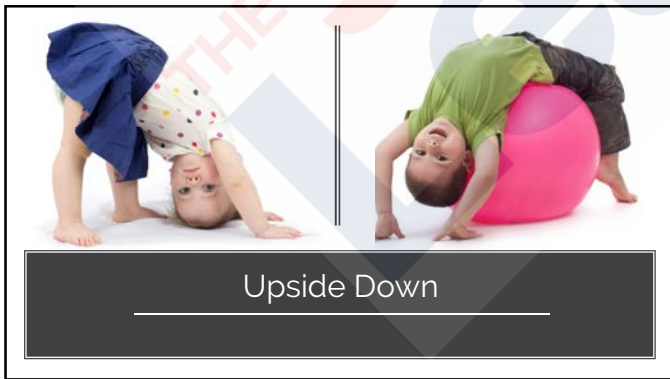
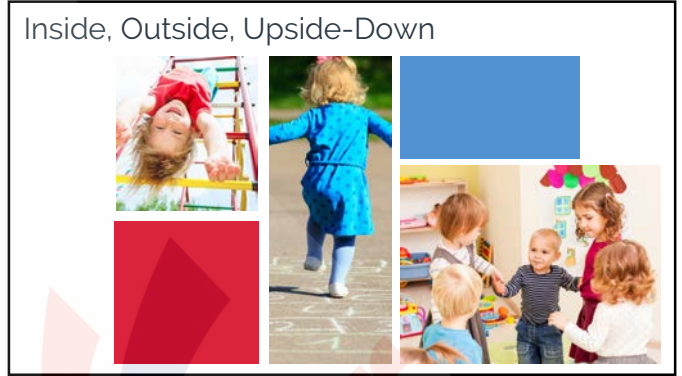


### Math, Language & Science



### Creativity







**Brainstorming and Collaboration Among Peers**

- Brainstorm ideas
- Record activity ideas
- Identify materials
- Share with a family member, friend or group

**Intentional Teaching**

Using movement education as an outlet to promote the domains of child development

**NEXT webinar**

**Movement & Children with Special Needs**

Thursday, April 19, 2018  
1:30-2:30 PM Eastern Time

**Resources**

- 1 Young Children, September 2013 "The Natural Playscape Project: A Real-World Study with Kindergartners", Uchenna Ogu and Suzie Reynard Schmidt (pp 32-39)
- 2 Milestones of Child Development  
[http://va.gapinc.org/wp-content/uploads/2014/03/Milestones\\_Revised2014.pdf](http://va.gapinc.org/wp-content/uploads/2014/03/Milestones_Revised2014.pdf)
- 3 Foundation Blocks  
[http://www.doe.virginia.gov/instruction/early\\_childhood/preschool\\_initiative/foundationblocks.pdf](http://www.doe.virginia.gov/instruction/early_childhood/preschool_initiative/foundationblocks.pdf)

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**NEW** **source for Learning**

The Virginia Early Childhood Administrator Professional Credential (VA-ECAP)

**ONLINE CREDENTIALING PROGRAM**

The program is a joint offering with Northern Virginia Community College (NOVA) that is recognized by NAEYC. Participants earn a combination of credit hours and CEUs.

Learn more: <https://www.sourceforlearning.org/vaecap/>